

**DROP INTO HEALING HANDS:
MORGENTAU – THE NAME OF THE AQUA DOME SPA STANDS FOR NEW
FRESHNESS FOR BODY, MIND AND SOUL**

Time out from the everyday life: diversified treatments, exclusive product lines, highly qualified therapists and a relaxing ambience make AQUA DOME's *Morgentau* to an oasis for beauty & body.

Inner peace and beauty are the aims of the encompassing treatment menu. Relax with the Ötztal Stone Massage, Tyrolian vitality massages with mineral oil and the alpine massage pack with arnica, St.John's wort, calendula and chamomile. Exclusive AJARAN treatments, one of the most important spa and beauty cultures, epitome of beauty, youth and health are included in the treatment menu as well as combined programmes with an emphasis on relaxing and regeneration, anti aging or body contour.

Light colours, warm lumbers, rooms flooded with light and a panoramic view: noble cosmetics such as Shiseido, Carita or Biosel pamper the skin in a pleasant ambience. The experienced therapists of the *Morgentau* spa ease tensions with massages, use different special programmes to get to the grips with cellulite, firm contours with full body wraps and oceanic seaweed. A variety of treatments are offered in the soft pack. The body regenerates wrapped in a mixture of white clay, oak coal, seaweed and botanical extracts – an insiders' tip to relieve stress. In-depth relaxation is also provided by our men's specials.

The spa *Morgentau* is part of the encompassing thermal spa area of the AQUA DOME – Tyrol Therme Längenfeld with varied indoor and outdoor pools, a sophisticated sauna world, a separate children area and an elegant 4 star superior hotel in the heart of the Ötztal valley.

The perfect complement to the spa is the fitness center *Gipfelsturm*, which also works with holistic concepts under the instruction of qualified coaches. In addition to strength and cardio training on modern fitness equipment the AQUA DOME also offers fitness checks, personal training and nutrition consultation. The course offer ranges from Qi Gong to Spinning to Aqua Fitness and is likewise appealing to achievement-oriented athletes as well as epicures.

For further press information

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