

# offers & prices beauty & body

AQUA DOME 4-Star Superior Hotel  
TIROL THERME LÄNGENFELD

AQUA  
DOME

TIROL THERME  
LÄNGENFELD

## Beauty and Body Care



SHISEIDO

SALIN de BIOSEL

LA MAISON DE BEAUTE  
CARITA  
PARIS

Leave everyday life behind you. Relax, unwind and enjoy. All of your senses will be pampered. Take time out and use it properly:

### Beauty & Spa at the AQUA DOME

We would be happy to make a reservation for your treatments to accommodate your daily schedule. The Morgentau Beauty & Spa team looks forward to your visit!

Our Morgentau Beauty & Spa was awarded the seal of approval for health and fitness establishments "Tirol Q" by the economic chamber.



## Face



### Carita

#### Carita Le Renovateur (90 min)

€ 110,-

The ultimate anti-aging treatment for the face, neck and chest. Improves your complexion in a special way and gives you radiantly beautiful and vibrant skin!

### Shiseido

#### Pamper treatments

Allow yourself to be pampered with first-class Shiseido products and experience a new skin feeling.

Pamper treatment (approx. 30 min)

€ 38,-

moisture (approx. 60 min)

€ 69,-

revitalize (approx. 90 min)

€ 90,-

### Biosel

#### Classic face treatment with individual emphasis:

Cleansing: for intensive skin cleansing

Energy: for tired skin lacking in energy

Couperose: to strengthen the veins

Tightening: for contour improvement

Regeneration: for cell regeneration

trial (approx. 30 min)

€ 38,-

cleansing and skincare (approx. 60 min)

€ 69,-

sheer pampering (approx. 90 min)

€ 90,-

## Men's Special



### Facial treatments for HIM

The image of a man these days includes a well-groomed external appearance! Whether for regeneration, deep cleansing or relaxation, choose your own pamper program:

**„Cleanliness and smoothing“ - Facial treatment** € 69,-

Deep cleansing of irritations and impurities (approx. 60 min)

**Shiseido Men “moisturizing and care” - Facial treatment** € 69,-

For stress and tired skin  
(approx. 60 min)

**Shiseido Men “anti-aging effect”** € 69,-

For regeneration and preventing wrinkles (approx. 60 min)

### Offers for HIM

**Anti-stress manager** (approx. 120 min) € 129,-

“Anti-stress back treatment” - Body treatment (60 min):  
Relaxation | unblocking | easing

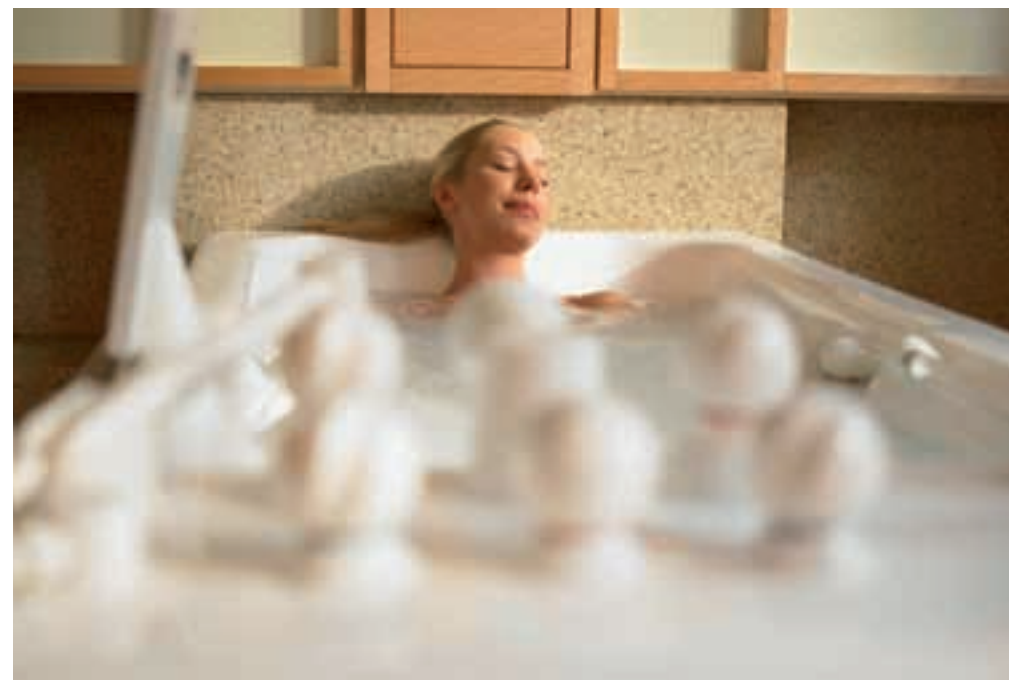
“Moisturizing and care” - Facial treatment (60 min):  
Moisturizing | building up

**Cleanliness and smoothing** (approx. 120 min) € 129,-

Essential salt therapy - Body peeling (60 min):  
Peeling | relaxing | easing

Cleanliness and smoothing - Facial treatment (60 min):  
Peeling | relaxing | refreshing

## Body



### Cellulite treatment for HER

Activates the exchange of fats, drains and tightens the tissues.  
Improves proportions and promotes reduction.

90 min € 90,-

60 min € 70,-

### Body treatments for HER and HIM

**Anti-stress full body** € 90,-

After a bath your feet and hands will be pampered in 1,000 swirls of air or to the nuances of music, before a special back treatment (approx. 90 min).

**Anti-stress back treatment** € 65,-

After a relaxing bath your back is pampered with a gentle massage and fragrant aromatic oils (approx. 60 min).

**Thalasso therapy** € 90,-

Algae from Brittany for purification of the tissues, lymph-stimulating and tightening. Full-body application for silky smooth skin (approx. 90 min).

## Body

<b>Ceylon aromatherapy</b>	€ 70,-
This treatment consists of aromatic spices, algae and salts directly from South Asia. A pampering treatment for all the senses - smell, touch, enjoy... (massage/peeling/creams) Natural products for relaxing (60 min).	
<b>Body Soft Pack</b>	€ 60,-
Sway weightlessly in a water bed – wrapped in a fragrant body pack – and forget time. Enjoy one of our various body packs – first-class mud for relaxation, regeneration, tightening or purification (approx. 45 min).	
<b>Evening primrose oil pack in the soft pack</b>	€ 60,-
High-quality oils for silky-smooth skin in a full-body pack in a 37 °C warm waterbed.	
<b>Cleopatra bath in the soft pack</b>	€ 60,-
The body pack for discriminating persons in a 37° C warm waterbed.	
<b>Thalasso bath</b>	€ 30,-
With Dead Sea salt (approx. 20 min)	
<b>Energy bath</b>	€ 30,-
With Yin/Yang aromatic oils (approx. 20 min)	
<b>Spa music</b>	€ 30,-
Light and music	
<b>NEW! Herb bath</b>	€ 32,-
Bath application with special "herb sacks" to choose from. Whether it's lavender or rosemary – enjoy 1000 swirls of air in combination with salt and herbs!	
<b>Manicure</b>	€ 29,-
With polish	€ 32,-
as a combination with spa hand care – a wonderful wellness experience	
<b>Spa hand care</b>	€ 25,-
Gentle peeling/relaxation massage	
<b>Pedicure</b>	€ 32,-
With polish	€ 35,-
as a combination with spa foot care – a wonderful wellness experience	
<b>Spa foot care</b>	€ 25,-
Peeling/relaxation massage	
<b>Happily hairless</b>	from € 20,-
Professional depilation for long-lasting softness and smoothness	

## Massages & more

### Something Tyrolean?

The **Ötztal Stone Massage** is a combination of massage, energy work and a soothing effect of warm and cool stones. The various stones are placed along the chakras (energy centers) of the body. This full-body oil massage using warm and cool stones lets your body enjoy an extraordinary experience.

Hot Stones from Ötztal (60 min)	€ 70,-
Hot Stones from Ötztal (90 min)	€ 110,-

<b>Tyrolean vitality massage with mineral oil</b> (50 min)	€ 61,-
Sports massage focusing on the legs. Intensive massage with mineral oil from Tyrol followed by the "Ötztistiefel" (special leg treatment) – refreshing and invigorating!	

<b>Alpine massage pack with arnica &amp; St. John's wort</b> (ca. 60 min)	€ 70,-
Arnica and St. John's wort regenerate and invigorate the body and senses. This alpine massage is not only balsam for the soul, it also gives tired joints and muscles new energy.	

<b>Alpine massage pack with calendula &amp; chamomile</b> (ca. 60 min)	€ 70,-
Calendula and chamomile, the ideal care for stressed skin Treat yourself to this alpine beauty massage which is both soothing and regenerating at the same time.	

### Or something classic?

Full massage (approx. 50 min)	€ 59,-
Partial massage (approx. 25 min)	€ 32,-
Anti-stress massage (approx. 25 min)	€ 32,-
Foot reflexology massage (approx. 25 min)	€ 32,-
Leg sports massage (25 min)	€ 35,-
Manual lymph drainage (30 min)	€ 35,-
Manual lymph drainage (55 min)	€ 60,-

<b>Fango</b>	€ 30,-
Fango is natural healing mud from sulfurous volcanic clay. Only what comes from the earth reaches the skin. Fango sheets are applied warm, for tenseness, poor circulation or as a preparation for a massage, or cold for inflammation or joint pain.	

## Massages & special arrangements

### Special arrangements

**Sound bowl massage** (50 min) € 70,-  
 Sounds have always had a harmonious effect on body, mind and soul. Sound bowl massage has a calming and deeply relaxing effect. A physical and spiritual balance can be achieved.

**Nuad Thai Yoga Full-body** (90 min) € 110,-  
 During this Thai yoga massage special grips and stretching along the energy channels create a feeling of lightness.

**Thai foot treatment** (60 min) € 70,-  
 Experience how your feet - wrapped in camphor and menthol - are relaxed and invigorated at the same time with a Thai method.

**Samsahi** (90 min) € 130,-  
 Sink into a dream of coconut, vanilla and cream and let yourself be pampered with warm silk stamps.

**Samsahi partner treatment** (90 min) € 250,-  
 Enjoy the Samsahi treatment together as a couple!

**Carita special** (ca. 180 min) € 195,-  
 Pure luxury for the face and body!  
 With Carita, care means "treating her skin like a bride", with a great deal of sensitivity, and love.  
 1 spa music | 1 Ötztal Stone Massage | 1 Le Renovateur treatment  
 1 glass of Prosecco

**Firmer contours** € 125,-  
 The best effects with little time spent:  
**1 Bodysoft Pack individuell**  
 Promotes purification and detoxification | poisons and free radicals are removed  
**1 Biosel cellulite blitz – figure forming**  
 Burning off fat | tightening | regenerating

### Something exotic?

**Bali massage** (50 min) € 67,-  
 The Bali massage (traditional relaxation massage) is a sensual pleasure and leads you back into yourself. Congestion, tenseness and blockages are removed and the blood circulation improved. The experience is one of deep and complete relaxation.

**NEW! Shiatsu** (60 min) € 80,-  
 Shiatsu is a combination of the Japanese "shi" meaning finger and "atsu" meaning pressure. This technique is performed in loose-fitting clothing lying down on the floor

beauty & body

## Beauty & Body Ajaran



beauty & body

### The AJARAN philosophy

AJARAN is the Indonesian term for "learning" and stands for South-East Asian wisdom about beauty, youth and health. AJARAN is a synonym for the most meaningful spa and beauty cultures and makes it accessible to modern people.

AJARAN treatments and products mean harmony, regeneration and energy.  
 AJARAN harmonizing brings body and soul into harmony.  
 AJARAN regenerating means relaxation.  
 AJARAN energizing gives the body energy and the soul new impulses.

**Ajaran – Harmonizing Source** (approx. 2 h 30 min) € 235,-  
 Also available as a splash treatment (1 h 30 min) € 135,-

**Ajaran partner application** € 235,-  
 Enjoy Indonesian body culture together as a couple and let yourself be pampered in an extraordinary ambiance!

## Hair

### Hair and Beauty Packages at Friseur Grüner

#### Pampering package "Relaxing Aroma Scalp Massage" € 28,-

Spa treatment for the scalp with valuable natural active ingredients. Relaxing and contributes greatly to your general well-being. Pampering time: approx. 30 min  
Extras: styling/blow drying.

#### Pampering package "Hair Care Special with Beauty Service" € 49,-

Structure 2 Phases – a new dimension in hair care for exquisite shine. Split ends cut, pampering wash, beauty service while hair treatment is left in, fresh kick or hand peeling. Pampering time: approx. 60 min  
Additional charge for shoulder-length hair and longer.  
Extras: styling/blow drying.

#### Pampering package "Effective Treatment for Hair Loss and Dandruff" € 28,-

Obtain optimum success with the unique care concept by La Biostetique. Scalp diagnosis with care tips, scalp peeling, pampering wash, relaxing scalp massage. Pampering time: approx. 30 min  
Extras: styling/blow drying.

#### Pampering package "New Look – Good Feeling" € 46,-

An absolute must – the consultation, pampering wash, intensive deep conditioning treatment, top haircut, new hairstyle with a different line and shape. Pampering time: approx. 50 min  
Extras: styling/blow drying, color and highlights to match your personal type, gentle volume and curl treatments.

#### Pampering package "Comfort for Men" € 56,-

Pampering wash, top haircut, relaxing scalp massage, manicure and styling. Pampering time: approx. 60 min  
Extras: shave, gray hair touch-up, fresh kick, hair care, etc.

#### Pampering package "Eye Care" € 28,-

We'll shape and color your eyebrows and eyelashes including massage with Crème Contour. Pampering time: approx. 30 min  
Extras: hand care, fresh kick, "Crash" peeling.

#### Pampering package "Make-up with Fresh Kick" € 27,-

Make-up suited to your personal type enhances your personality, sets fashionable accents and makes you simply beautiful. "Crash" peeling, tonic and beauty base, Biostetique Belavance make-up products. Pampering time: approx. 30 min

Our team at Friseur Grüner will be happy to inform you about additional pampering treatments! Phone: +43 5253 6400 573

## Beauty & Spa package offers

### 2x well-being from € 359,-

2 nights\* and package of choice (A, B, C or D):

- A: 1 full-body massage, 1 aroma wrap
- B: 1 Ötztal stone massage, 1 aromatherapy bath
- C: 1 luxury facial treatment (60 min.), 1 spa music
- D: 1 sea salt body peeling followed by a whirlpool bath (60 min.), 1 anti-stress massage for the neck, throat and head area

### 3x well-being from € 569,-

3 nights\* and package of choice (A, B, C or D)

- A: 1 full-body massage, 1 aroma wrap, 1 facial treatment (60 min.)
- B: 1 Ötztal stone massage, 1 aromatherapy bath, 1 trial treatment with ampoule, eyelash and eyebrow coloring
- C: 1 manicure, 1 regeneration facial treatment, 1 body soft pack for firming and purification
- D: 1 cleansing and smoothing facial treatment, 1 pedicure, 1 foot reflex zone massage

### 4x well-being from € 729,-

4 nights\* and package of choice (A, B, C or D)

- A: 1 full-body massage, 1 aromatherapy bath, 1 facial treatment, 1 manicure, eyelash and eyebrow coloring
- B: 1 Ötztal stone massage, 1 regeneration facial treatment, 1 spa foot care, 1 spa music
- C: 1 cellulite blitz treatment, 1 trial treatment with ampoule, 1 body soft pack for firming and purification, 1 Thalasso bath
- D: 2 full-body massages, 1 foot reflex zone massage, 1 fango pack

### metabolic balance® – Increase in energy and vitality!

Sunday arrival from € 1.476,-

7 nights including metabolic balance® program and full board, use of the thermal spa with sauna and fitness, activity program with fitness trainers.

All Beauty & Spa package offers can be booked throughout the year. Prices per person in a *Ballade* double room, Season A.



**AQUA DOME** | TIROL THERME LÄNGENFELD GmbH & Co KG | ÖTZTAL

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