

ACTIVating conference in the AQUA DOME

AQUA
DOME

TIROL THERME
LÄNGENFELD

We draw you out of the energy slump.

Our fitness team has prepared a unique offer especially for the needs of your participants.

These exercises will awaken the group, not only because

- motion and relaxation improve the concentration and performance,
- but also increase the productivity
- and enhance the atmosphere within the group.

Our offer:

- 15 minute packages, adaptable to your schedule, to push-start your attendees in no time.



Package 1: eye-opener

- Let our fitness coaches raise your participants' vitality right in the morning
- 15 minutes before the start of the seminar
- Per seminar day only EUR 55 *



Package 2: summiteer

- After lunch, our coaches draw you out of the energy slump and bring your participants' ability to concentrate back to life.
- 15 minutes after the lunch break
- Per seminar day only EUR 55 *



Package 3: mountainous

- Exercise instead of coffee and cake? We combine your well deserved tea break with practices which are 100% sugar free and cheering.
- 15 minutes after the afternoon tea break
- Per seminar day only EUR 55 *

Additionally it is a pleasure for us to arrange an individual sport and activity program for your group, for example

- mountaineering and hiking with our certified Tyrolean mountain hiking guides
- ski tours, snowshoe hikes and sledging jaunts
- and much more

*rates valid for groups of up to 50 participants

Ein Resort der:

VAMED
VITALITY
WORLD

the
relaxing
way
of life