

WINTER
2019/20

AUGUSSPLAN SAUNAWELT

Infusion timetable

Aufguss Ritual SCHLUCHTENSAUNA | Infusion SCHLUCHTENSAUNA

Zeit Time	Montag Monday	Dienstag Tuesday	Mittwoch Wednesday	Donnerstag Thursday	Freitag Friday	Samstag Saturday	Sonntag Sunday
12.30	Nordic	Tannennadel <i>Fir needle</i>	Lavendel <i>Lavender</i>	Kiefer <i>Pine tree</i>	Menthol	Tannennadel <i>Fir needle</i>	Birken Äste <i>Birch branches</i>
13.30	Winterfrische <i>Winter fresh</i>	Orange Zimt <i>Orange cinnamon</i>	Birken Äste <i>Birch branches</i>	Winterfrische <i>Winter fresh</i>	Zirben Zauber <i>Alpine pine</i>	Eukalyptus <i>Eucalyptus</i>	Kiefer <i>Pine tree</i>
14.30	Birken Äste <i>Birch branches</i>	Öztaler Kräuter <i>Local herbs</i>	Ingwer <i>Ginger</i>	Wacholder <i>Juniper</i>	Birken Äste <i>Birch branches</i>	Lavendel <i>Lavender</i>	Minze <i>Mint</i>
15.30	Zirben Zauber <i>Alpine pine</i>	Birken Äste <i>Birch branches</i>	Waldduft <i>Forest fragrant</i>	Nordic	Gletscher Eis <i>Glacier ice</i>	Birken Äste <i>Birch branches</i>	Orange Zimt <i>Orange cinnamon</i>
16.30	Citrus	Ingwer <i>Ginger</i>	Öztaler Kräuter <i>Local herbs</i>	Birken Äste <i>Birch branches</i>	Orange Zimt <i>Orange cinnamon</i>	Waldduft <i>Forest fragrant</i>	Gletscher Eis <i>Glacier ice</i>
17.30	Öztaler Kräuter <i>Local herbs</i>	Eukalyptus <i>Eucalyptus</i>	Kaminfeuer <i>Fireplace</i>	Lavendel <i>Lavender</i>	Kiefer <i>Pine tree</i>	Kaminfeuer <i>Fireplace</i>	Lavendel <i>Lavender</i>
18.30	Menthol	Wacholder <i>Juniper</i>	Zirben Zauber <i>Alpine pine</i>	Öztaler Kräuter <i>Local herbs</i>	Citrus	Zirben Zauber <i>Alpine pine</i>	Citrus
19.30	Orange Zimt <i>Orange cinnamon</i>	Citrus	Gletscher Eis <i>Glacier ice</i>	Minze <i>Mint</i>	Lavendel <i>Lavender</i>	Winterfrische <i>Winter fresh</i>	Kaminfeuer <i>Fireplace</i>
20.30	Kaminfeuer <i>Fireplace</i>	Gletscher Eis <i>Glacier ice</i>	Citrus	Citrus	Kaminfeuer <i>Fireplace</i>	Citrus	Wacholder <i>Juniper</i>
21.45	Betthupferl <i>Good night</i>	Kaminfeuer <i>Fireplace</i>	Klangschale <i>Singing bowls</i>	Schneesturm <i>Snowstorm</i>	Laternen Aufguss <i>Lantern ceremony</i>	Betthupferl <i>Good night</i>	Klangschale <i>Singing bowls</i>
22.45					Klangschale <i>Singing bowls</i>		

Anwendung DAMPFDOM | Treatment DAMPFDOM

Zeit Time	Montag Monday	Dienstag Tuesday	Mittwoch Wednesday	Donnerstag Thursday	Freitag Friday	Samstag Saturday	Sonntag Sunday
13.00	Salzpeeling <i>Salt peeling</i>		Salzpeeling <i>Salt peeling</i>		Young & Beauty		Gebirgshonig <i>Honey</i>
15.00	Young & Beauty	Young & Beauty	Gebirgshonig <i>Honey</i>	Salzpeeling <i>Salt peeling</i>	Salzpeeling <i>Salt peeling</i>	Gebirgshonig <i>Honey</i>	Young & Beauty
19.00	Gebirgshonig <i>Honey</i>	Gebirgshonig <i>Honey</i>	Young & Beauty	Young & Beauty	Gebirgshonig <i>Honey</i>	Salzpeeling <i>Salt peeling</i>	Salzpeeling <i>Salt peeling</i>
20.00		Salzpeeling <i>Salt peeling</i>		Gebirgshonig <i>Honey</i>		Young & Beauty	

Aufguss Rituale ERDSAUNA | Infusion ERDSAUNA

Zeit Time	Montag Monday	Dienstag Tuesday	Mittwoch Wednesday	Donnerstag Thursday	Freitag Friday	Samstag Saturday	Sonntag Sunday
11.00	Kiefer <i>Pine tree</i>	Wacholder <i>Juniper</i>	Menthol	Ingwer <i>Ginger</i>	Kräuter <i>Herbs</i>	Wacholder <i>Juniper</i>	Guten Morgen <i>Good morning</i>
16.00	HOT Kräuter <i>Herbs</i>	HOT Menthol	Kaminfeuer <i>Fireplace</i>	HOT Nordic	HOT Waldduft <i>Forest fragrant</i>	Lavendel <i>Lavender</i>	HOT Kiefer <i>Pine tree</i>
20.00					Stiegl Bier <i>Beer</i>		Stiegl Bier <i>Beer</i>