



AQUA DOME

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WELLNESS, FEEL-GOOD MOMENTS AND UNFORGETTABLE WINTER-AQUVENTURES IN TYROL

*Conquer the wild nature of the Oetztal valley, relax after an excursion through the white winter wonderland and pamper your body and soul at the AQUA DOME. The serene majesty of the surrounding snow-capped Alps creates an atmosphere that redefines wellness. Feel the energy with the AQUventures in the 4**** Superior Hotel with Tyrol's only thermal bath, revive your spirit and regain your strength.*

FEEL YOURSELF. CONQUER THE OETZTAL VALLEY. ENJOY AN UNFORGETTABLE EXPERIENCE.

AQUventures are extraordinary snow experiences on the mountain, for the spirit of adventurous adrenaline junkies and unagitated winter admirers. AQUventures can exclusively be booked through AQUA DOME and offer inspiring, activating and stimulating holiday experiences. They will pull you out of your comfort zone, immerse you in the nature of the Oetztal valley and touch your soul. Let the power of the winter Alps enliven you and restore your inner balance - with pure refreshment for body and soul. By the way: All AQUventures are "private adventures". This means they are tailor-made, individually adapted and organised exclusively for you as a couple or family.

AQUVENTURES: PEACE AND TRANQUILLITY OR RATHER AN ADRENALINE RUSH?

With snowshoes, the "winter fairy tale on broad soles" gently leads you through knee-high powder snow into vast, pristine landscapes. Accompanied by your personal mountain guide or ski guide, free-riding on the "Perfect (Powder) Day" gives you an adrenaline rush on rapid descents. Or how about a relaxing alpaca excursion for the whole family? Not only the little ones are fascinated by the famous fluffy friends from the Andes.

For the deep relaxation effect that gets under the skin, you can indulge in a "sound bathing in *Moosgumpe* (moss pool)": Floating in 34-degree warm water, surrounded by walls covered with real moss, singing bowls are placed on the body or drift around you and are gently struck. Feel the sound vibrations all over your body. Another suggestion: Find your own rhythm during the biathlon experience on the cross-country skiing course with your personal coach. Free your mind completely as you glide quietly over glittering snow in crisp winter air. Even more boundless freedom is offered during a private helicopter flight high above the peaks of the Oetztal valley. Romantics are invited to join a carriage ride. Yoginis can have their personal yoga retreat put together

with Prana Flow® Vinyasa Yoga. One of the new Winter AQUAventures takes you directly to the world of the AQUA DOME saunas: Those who can “carve like the pros” on the slopes, can also master the art of (home) sauna infusions and wavings, after an introduction by the sauna master.

SOELDEN SKI PARADISE: A FIRST-HAND EXPERIENCE

Speaking of carving: The Oetztal is a dream for every skier. Here you can conquer 356 kilometres of snow tracks, 90 lifts and 6 ski regions - in the famous sporting ski destinations of Soelden and Obergurgl-Hochgurgl, as well as the family-friendly regions of Hochoetz-Kühtai, Niederthai, Gries and Vent. In Soelden, the Schwarze Schneid (3,340m), the Tiefenbachkogel (3,250m) and the Gaislachkogel (3,058m) are three 3000m peaks united in one ski area.

RUSHING WATER RECUPERATES THE SPIRIT

After your excursion into the winter world, immerse yourself in the more than 20,000m² AQUA DOME wellness oasis with spacious indoor and outdoor pools and 14 different saunas. Particularly spectacular are the three futuristic floating bowl pools that characterise the "Signature Spa of the Alps". Each of these bowls offers a special highlight: Do you prefer the invigorating massage bowl, the soothing sulphur bowl or the brine bowl with underwater music and light effects for almost weightless relaxation? Floating in the water with a view of the winter sun setting behind the snowy mountain peaks, you can forget the exertion on the slopes and drift away on cloud nine. At the AQUA DOME, you can experience the feeling of absolute relaxation and infinite well-being, while the children are in good hands and can let off steam at the *Noah's Ark* children's area.

WATER. MOUNTAINS. POWER.

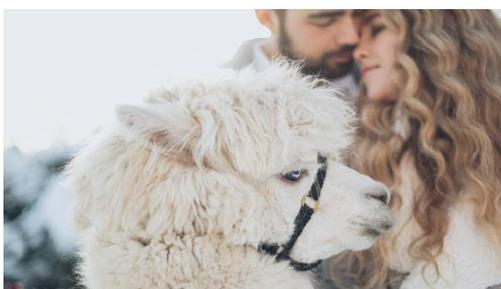
Experience the power of the Oetztal valley up-close in the SPA3000, the award-winning premium wellness area, exclusively for hotel guests: Fragrant Alpine herbs, invigorating minerals, sparkling gemstones, as well as flickering fire, ice and bubbling thermal water are skilfully staged. The surrounding mountainscape is captured in the design language of SPA3000 - with spruce and granite, fascinating views and a special layout. Feel in complete harmony with the elements, e.g. in the *Bergfeuersauna (mountain glow sauna)* with panoramic views of the 3000m peaks of the Oetztal valley, surrounded by flares and water. Immerse yourself in contemplative theme worlds and revive your spirit with fresh energy!

SPECIAL TWOSOME MOMENTS

The exclusive *Private Spa Suite* can evoke memories of cosy togetherness. All for yourself, you can indulge in unforgettable moments of well-being and experience ultimate relaxation. Try an irresistibly fragrant woodruff salt peeling, followed by a warm steam bath for two. Close your eyes and recuperate during the subsequent massage, with gently warmed Swiss stone pine oil combined with precious regional pine wood. Finally, enjoy a soothing bath in the Bovi stone tub.

ENERGY FLOWS, EVERYTHING IS REVIVED

Gain new strength in this very special time of the year and be inspired: Conquer the wild nature with AQUAventures, pamper yourself after a trip in the icy cold and reward your body and mind with us at the AQUA DOME. Immerse your senses in elemental beauty!



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About VAMED Vitality World: The international health care group VAMED has been actively involved in the thermal spa and wellness sectors since 1995. Using the umbrella brand VAMED Vitality World, founded in 2006, VAMED is currently operating nine of the most popular thermal spa and health resorts in Austria: AQUA DOME – Tirol Therme Laengelfeld, SPA Resort Therme Geinberg, Therme Laa – Hotel & Silent Spa, St. Martins Spa & Lodge in Frauenkirchen, Therme Wien, Bad Sauerbrunn Health Spa, TAUERN SPA Zell am See – Kaprun, la pura women's health resort kauptal in Gars am Kamp and SPA RESORT STYRIA in Bad Waltersdorf. VAMED Vitality World's resorts attract more than 3.2 mio guests a year, making VAMED Austria's leading operator of thermal spa and health resorts.