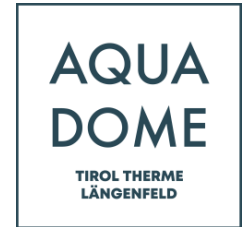
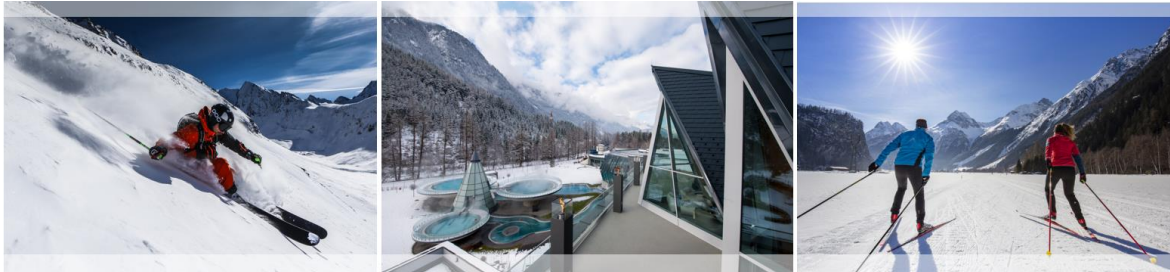


**PRESS RELEASE**  
**AQUA DOME – TIROL THERME LÄNGENFELD**  
**WINTER 2020/21**



09/2020



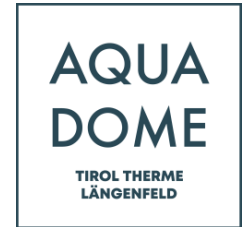
AQUA DOME – Tirol Therme Längenfeld, the “World’s Best Mineral & Hot Spring Spa“ suggests ways for a safe winter in 2020: All private and far away from the daily hustle and bustle:

## **Winter like never before: Softly sparkling or adrenaline-charged - and with 65,000 m<sup>2</sup> of open wellness space**

Who of us actually knows how beautiful winter really is? Away from the cities, far out in nature, snow crunching under the feet or powdering under touring skis, warming up in a rustic hut, letting your gaze wander to the glistening white peaks. This winter, AQUA DOME - Tirol Therme Längenfeld is dedicated to all those who are keen to discover the Ötztal Valley away from all the rush: either on their own, on a private “AQUventure” for two or as a family. Why not join the guide to Sölden before breakfast and leave the first tracks on the freshly groomed, tranquil slopes - or experience an adrenalin rush during a powder tour with the guide? Maybe you prefer a stroll across an alpine pasture and, after a warm punch, whizz back down to the valley on your toboggan? It’s time to discover cross-country skiing or skating in the breathtaking region around Längenfeld. All is possible this winter. And much more. For example, hikes with alpacas or private helicopter flights high above the magic of the summits. The AQUA DOME is a futuristic modern refuge with thermal water and countless saunas, which perfectly complements all winter pleasures in the fresh mountain air. A retreat with maximum open space on 65,000 m<sup>2</sup> net area and with one of the safest hygiene concepts of all. This is active relaxation that strengthens our body and frees the soul. “Lift Your Spirit”: An AQUA DOME promise for this winter.

Short text: 1498 characters

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The focus of the new thermal season at the AQUA DOME - Tirol Therme Längenfeld is on more space, more peace and quiet and therefore more value. The numbers say it all: In Tyrol's largest wellness area, a total of 20,000 m<sup>2</sup> are available for thermal baths & wellness - 2,200 m<sup>2</sup> of water area inside and outside, 12 saunas and steam baths, a generous fitness area and three restaurants. There are also 200 rooms and suites ranging from 35 to 90 m<sup>2</sup>. This ensures safe recreation for everyone - in the spacious facility and all under one roof. The strict hygiene concept of the AQUA DOME, as one of the organisations under the health care provider VAMED, was developed in cooperation with MedUni Vienna and ensures absolute reliability, with temperature checks on all thermal-bath visitors through to weekly tests for all employees. After all, now is the time to enjoy the positive effects of the warmth and relaxation for the body and soul, the immune system and the natural resistance - since, according to expert opinion, a stay in the well-ventilated thermal bath and sauna complex is currently considered to be unproblematic.

Probably the best place for this is the Gipfel sauna of the purist Premium SPA 3000 (from age 16), exclusively for guests of the 4-star superior hotel: The view over the fireplace offers a glimpse of the winter mountainscape. The snow-capped 3000m peaks can also be admired in cosy comfort from one of the steaming bowl-shaped basins. This water draws its elemental power from a depth of 1865m and provides deep relaxation and replenishes the reserves. The contrasts of the Ötztal Valley are also reflected in the features of the AQUA DOME: be it the immune-stimulating stones of the Tyrolean Ache River ("Ötztal stone massage") or delicacies from the Alpine arc, which are served at the restaurant.

In addition, the AQUA DOME does everything in its power to reveal to its guests what was long known to the locals: Winter in the Ötztal Valley still bears some untouched treasures. Our activity programme therefore takes guests out into the pristine nature. For example, after a snowy night in Horlachtal, you trudge through knee-high snow on snowshoes before savouring delicious cranberry dumplings and being accompanied by squirrels on the way back down to the valley. If you prefer to venture out on your own, you can explore the Längenfeld suspension bridge or toboggan down from the Wurzbergalm. Yet, the crowning glory of all winter experiences are the private AQUAventures, exclusively for AQUA DOME guests. Cosy and comfy? Listen to the rhythm of the animals and nature on a horse-drawn sleigh ride into the romantic Horlach Valley - or meet the fluffy alpacas during a stroll on the farm of the Santer family. More action? Join private guides on snowshoe tours with a Tyrolean snack-stop in the middle of the winter wonderland, cross-country skiing or a free-

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ride tour to the Ötztal Valley's finest slopes. This is an adrenalin boost on various downhill rides in unspoilt terrain and the experience of new skiing freedom. Deep-snow beginners can choose a privately guided morning ski tour: While everyone else is having breakfast, we are already on our way to Sölden to be first on the freshly prepared slopes. You may shout out with joy and after a few descents look forward to a late breakfast in the Gampe Thaya. Last but not least, AQUventure tips also include a private helicopter flight and a night in an alpine hut - nestled in the mountainscape.

**More Information: AQUA DOME – Tirol Spa Längenfeld, Oberlängenfeld 140, A-6444 Längenfeld, Tel: +43 5253 6400, [www.aqua-dome.at](http://www.aqua-dome.at)**

Long text: 5051 characters

**About VAMED Vitality World:** The internationally active health group VAMED has been operating in the spa and wellness sector since 1995. Under the competence brand VAMED Vitality World, founded in 2006, VAMED is operating eight of the most popular thermal bath and health resorts in Austria: AQUA DOME - Tirol Therme Längenfeld, SPA Resort Therme Geinberg, Therme Laa - Hotel & Silent Spa, St. Martins Therme & Lodge in Frauenkirchen, Therme Wien, the GesundheitsZentrum Bad Sauerbrunn, TAUERN SPA Zell am See - Kaprun, and la pura women's health resort kamptal in Gars am Kamp. With 2.6 million guests a year at the VAMED Vitality World resorts, VAMED is Austria's leading spa and health resort operator.

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